

Sirumalai Health Center

NEWSLETTER

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"The Road is long
and a winding one,
so never stop at
stop signs."

~Yusuf Khan

Dear Friends of Sirumalai,
Greetings from the hills.

A brief flush of cherry blossoms happened a few weeks back and the canopies had turned pink. The poinsettia are blooming and so are the tree dahlias. The incessant rains have stopped briefly and the wheel of the year seems to be turning. With this change fever and Upper respiratory tract infections are on rise all around Kodi and so are other respiratory illness such as Asthma and COPD.

The month of August saw a footfall of 909 patients. Physiotherapy service was rendered to 129 people. 173 cases seen were paediatric. Slowly, infants are also beginning to come. The reach to elderly (11%) and folks with chronic disease (18%) is slowly improving day by day. NCD care was given to 160 folks in month of August.

4 respiratory clinics were conducted and 13 people benefitted from the same.





Staff Birthday

The Team celebrated birthday of one of first staff Sr Sathya on 25 th august. One of the most beautiful things about Sr Sathya is she knows her community very well. She makes our space people centric and makes them feel at home. We are indeed very fortunate to have her with us.

Hopes

- To start community vision center next month onwards for refractive error screening and cataract screening.
- Diabetic clinic
- Women's health clinic on designated days of week to streamline the opd as well as care with added services

Thanksgiving

Team Sirumalai is grateful to
Mr Paul John
Ms Neha Arora
Mrs Sonia Malhotra
for believing in our work
and graciously
contributing for our cause.

How you can help Us?

You can contribute to
help cover
cost of medicines for
village clinic Or help us
add to our funds for lab
equipmentA/C
details:7163959798,
Reach@9880537880



Community outreach

The main objective of our community outreach is to bring health care closer to the communities where accessibility is a problem. Our focus groups are the elderly, children below 5 , adolescent girls and women

Last month 97people were reached through the village clinics. NCD care is slowly gaining it's momentum. We are beginning to receive feedback from the community itself. Watching familiar faces helps reinforce that the trust has begun to form and newer faces makes us feel that the word is spreading. The health center so far has never been able to publicise so far it's work or even it's existence because of the shoestring budget that it functions on.

What's new?

We began our community survey in month of September for need assessment of our target areas. This will help us plan intervention appropriately. In days ahead we will plan focused group discussion for better community participation and engagement



*"Move forward.
Good things are
up ahead."*

