

# Sirumalai Health Center

## NEWSLETTER

September 2022, Issue 6., Vol 1

"The Road is long  
and a winding one,  
so never stop at  
stopsigns."

~Yusuf Khan

Dear Friends of Sirumalai,  
Greetings from the hills.

A brief flush of cherry blossoms happened a few weeks back and the canopies had turned pink. The poinsettia are blooming and so are the tree dahlias. The incessant rains have stopped briefly and the wheel of the year seems to be turning. With this change fever and Upper respiratory tract infections are on rise all around Kodi and so are other respiratory illness such as Asthma and COPD.

The month of August saw a footfall of 909 patients. Physiotherapy service was rendered to 129 people. 173 cases seen were paediatric. Slowly, infants are also beginning to come. The reach to elderly (11%) and folks with chronic disease (18%) is slowly improving day by day. NCD care was given to 160 folks in month of August.

4 respiratory clinics were conducted and 13 people benifitted from the same.





## Staff Birthday

The Team celebrated birthday of one of first staff Sr Sathya on 25 th august. One of the most beautiful things about Sr Sathya is she knows her community very well. She makes our space people centric and makes them feel at home. We are indeed very fortunate to have her with us.



## Hopes

- To start community vision center next month onwards for refractive error screening and cataract screening.
- Diabetic clinic
- Women's health clinic on designated days of week to streamline the opd as well as care with added services

## Thanksgiving

Team Sirumalai is grateful to  
Mr Paul John  
Ms Neha Arora  
Mrs Sonia Malhotra  
for believing in our work  
and graciously  
contributing for our cause.

## How you can help Us?

You can contribute to  
help cover  
cost of medicines for  
village clinic Or help us  
add to our funds for lab  
equipmentA/C  
details:7163959798,  
Reach@9880537880



# Community outreach

The main objective of our community outreach is to bring health care closer to the communities where accessibility is a problem. Our focus groups are the elderly, children below 5 , adolescent girls and women

Last month 97 people were reached through the village clinics. NCD care is slowly gaining it's momentum. We are beginning to receive feedback from the community itself. Watching familiar faces helps reinforce that the trust has begun to form and newer faces makes us feel that the word is spreading. The health center so far has never been able to publicise so far it's work or even it's existence because of the shoestring budget that it functions on.

## What's new?

We began our community survey in month of September for need assessment of our target areas. This will help us plan intervention appropriately. In days ahead we will plan focused group discussion for better community participation and engagement



*"Move forward.  
Good things are  
up ahead."*

